



## A painted Self-Portrait on a Canvas

STEP BY STEP 023  
Inspiration: 13643



## A painted Self-Portrait on a Canvas

Children's personal and spatial intelligence is enhanced by this creative project when creating self-portraits and when mixing colours. When children depict themselves, they increase their self-awareness (self-wise) – and similarly by reproducing their own skin colour. Children's spatial intelligence is enhanced when mixing colours for the actual skin tone, thus learning how different colours interact with each other.

104

Use a small hand mirror for observing the face, whilst attempting to copy it onto a canvas using a pencil.

Paint the face with Art School acrylic paint, which may be mixed to create the actual skin colour.

Paint the back ground for the portrait according to your own taste. Let it dry.

### Image-wise

Spatial intelligence. Enhanced by activities in which children must use their abilities to perceive, recognise and express themselves within the spatial, real world. □

### Self-wise

Personal intelligence. Enhanced by activities in which children must use their self-awareness, the ability to act and make personal decisions in a way which is adapted to match their surroundings. □

Stretched Canvas, size 40x40 cm, depth 1.6 cm, white, 280 g, 40pcs, 280 g 25749

Pigment Art School Paint, primary colours, 5x500ml 35401

Pigment Art School Paint, standard colours, 12x500ml 35490

Painting Apron, size 7-12 year, L: 81 cm, , for children, 1pc 13794

Tear-Off Palettes, L: 31 cm, W: 23 cm, , 1pc 13137

Gold Line Brushes, size 0+2+4+8+12+16+20 , W: 2-24 mm, , flat, 30pcs 10249