



A Wrist Support made from Patchwork Fabric

This wrist support for a keyboard and for the mouse is made from patchwork fabric and filled with plastic pellets.

Print the template which is attached as a PDF file on this page. Cut out the template and tape it together. Arrange the fabric doubled-over, outer side against outer side and place the template on top. Cut out with a 7 mm seam.

Turn inside out and fill with plastic pellets. Sew the hole together very close to the edge either on the sewing machine or by hand.

Sew the two parts together but leave a small opening for the plastic pellets.

Cut a 12 x 12 cm piece of paper for a mouse bag. Place the piece of paper on top of a piece of doubled-over fabric. Cut out with a 7 mm seam. Sew the bag together as described in steps 2 and 3.

Template

Another variant

Another variant



Patchwork Fabric,
size 45x55 cm,
100 g/m², blue,
4pcs
44176

Patchwork Fabric,
size 45x55 cm,
100 g/m², light
blue, 4pcs
44180

Sewing Thread, L:
1000 , off-white,
polyester, 915m
41214

Plastic Pellets, size
5x5 mm, 1kg
49860

Googly Eyes, D:
8+12+14 mm, 69
pc, white,
self-adhesive,
1sheet
28997

Googly Eyes, D:
6+8+10+12+15 mm,
54 pc, green,
white, orange,
1sheet
28994